



KING EDWARD VI HANDSWORTH SCHOOL FOR GIRLS

PHYSICAL EDUCATION Department

Staffing

Miss Alisha Carter
Mrs Sarah Shepherd
Mrs Nicola Morgan
Mrs Lindsey Gardner

Head of PE & Associate Assistant Head
Teacher of PE and Pastoral Leader of year 13
Teacher of PE
Teacher of PE

Facilities

Pupils have access to a comprehensive array of facilities designed to support their physical education and sports development. Our gymnasium boasts state-of-the-art equipment, including a multigym setup upstairs, providing Pupils with various options for strength and resistance training. For those with a passion for dance, our dedicated studio offers ample space and mirrored walls to perfect routines. Outdoor netball/tennis courts and an extensive field provide opportunities for team sports and friendly competitions, while our sports hall accommodates a range of indoor activities such as basketball, handball, and badminton. Additionally, our physical education classroom serves as a hub for GCSE PE.

External Examinations

Physical Education is well established as an examination subject in the school. It is a very popular optional GCSE for Pupils in Key Stage 4; we currently offer the Pearson Edexcel course.

Timetable

Physical Education is compulsory for all KS3 and KS4 Pupils, who have a double lesson (1hr 40min) of PE per week.

GCSE Pupils have 5 lessons over a fortnight consisting of 2 doubles and 1 single lesson.



Courses Taught

Our KS3 and KS4 PE curriculum is ambitious, clearly structured, and rich in opportunities for personal development. Through a broad range of sports—including netball, handball, gymnastics, badminton, dance, athletics, rounders and tennis—pupils build resilience, confidence, leadership and independence. The curriculum is designed to help every pupil develop a consistently positive attitude towards physical education.

Across all activities, we teach the following key learning constructs: playing sport with confidence, applying technique in competitive situations, performing at maximum levels, exploring choreographic devices, understanding theory in sport, and developing leadership through sport.

Our curriculum is coherently planned, sequenced and progressive, ensuring that learning builds over time and prepares pupils for future study. It is aspirational for all learners and carefully designed to meet the needs of every Pupil.

As a result, pupils achieve well in PE and are consistently well prepared for the next stage of their physical education journey.

An overview of our curriculum

	Autumn	Spring	Summer
Year 7	Netball Dance	Gymnastics Badminton	Athletics Rounders
Year 8	Gymnastics Handball	OAA Touch Rugby	Cricket Netball
Year 9	Dance Netball Badminton Fitness		Cricket Rounders Dodgeball/Benchball Athletics
KS4	Pickleball Trampolining Dodgeball Volleyball Netball Primary Leadership		Striking & Fielding – Softball, Rounder & Cricket Primary Leadership Options

We also offer a full range of extracurricular activities and take part in local and regional competitions as well as regular events within the King Edward VI Foundation.