

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<b>MEDITERRANEAN</b> Chicken Gyros (H) (Marinated Chicken in a folded Flatbread) Mediterranean Bulghar Wheat Oregano Roasted Vegetables	<b>THAI</b> Thai Beef and Coconut Curry (H) Beggars Noodles (Soft Noodles with Spring Onions & Soy Sauce) Peas	<b>BRITISH</b> Roast Turkey (H) Roast Potatoes Broccoli Gravy	<b>MEXICAN</b> Chicken Molay (H) Wholegrain Rice * Lightly Spiced Sweetcorn with Lime	<b>BRITISH</b> Home-made Battered Fish Fillet Chips Baked Beans OR Peas
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> Beef Burger (H) (served with Lettuce, Tomato, Burger Relish and sliced Pickles in a Seeded Bun)	<b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with Sticky Tabasco (H)	<b>DEEP SOUTH DINER</b> BBQ Pulled Beef (H) (Slow cooked marinated Beef in BBQ Sauce)	<b>WINGS &amp; THINGS</b> New Yorker Quorn Dog (V) (Vegetarian Hot Dog with Onions, Cheddar Cheese, Mustard & Ketchup)	<b>DEEP SOUTH DINER</b> Texas BBQ Chicken (H) (Diced Chicken with Sweetcorn & Mixed peppers in a BBQ Sauce)
	Louisiana Bean Pot (V) (Cajun & Garlic infused Bean Casserole)	Mac 'N' Cheese (V)	Piri Piri Halloumi Bun (V)	Crispy Topped Sweet Potato Crumble (V)	Feta and Potato Frittata (V)
	Chipotle Potato Wedges	Garlic Bread*	Paprika Potato Wedges	Baked Garlic & Herb Potato Wedges	Lemon Rice
	Coleslaw	Cucumber and Green Bean Salad	Corn on the Cob	Apple Slaw	Sweetcorn
<b>SPEEDY ITALIAN</b>	Veg Bolognese Pasta (V)	Arrabiata Pasta (V)	Chunky Vegetable Pasta (V)	Herby Tomato Pasta (V)	Beef Bolognese (H)

\*Wholegrain \*\*\*Oily Fish (V) Vegetarian

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<b>GLOBAL ADVENTURE</b>	<b>MEDITERRANEAN</b> Turkey and Mozzarella Bake <b>(H)</b>  Paprika Roasted Cauliflower	<b>CHINESE</b> Sweet and Sour Chicken <b>(H)</b>  Wholegrain Rice *  Wok Tossed Oriental Vegetables	<b>BRITISH</b> Roast Beef <b>(H)</b>  Thyme Potato  Carrots  Gravy	<b>JAPANESE</b> Chicken Katsu Curry <b>(H)</b>  Japanese Noodles  Pickled Cucumber Salad	<b>BRITISH</b> Home-made Battered Fish Fillet  Chips  Baked Beans OR Peas
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> Beef Barbecoa Burrito <b>(H)</b>  (Barbecoa' is a way of slow cooking meat in Mexico to maximise its flavour)	<b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ <b>(H)</b>	<b>DEEP SOUTH DINER</b> Creamy Fish Pasta Bake ***	<b>WINGS &amp; THINGS</b> Maple and Mustard Glazed Chicken Melt <b>(H)</b>	<b>DEEP SOUTH DINER</b> Piri Piri Pulled Chicken Burger <b>(H)</b>  Served with  Cajun Potato Wedges
	Sweet Potato & Squash Casserole <b>(V)</b>  Served with  Paprika Potato Wedges	Mac 'N' Cheese <b>(V)</b>	Corn, Black Eye Bean and Feta Soft Taco <b>(V)</b>  Served with  Jewelled Rice	Smoky Cauliflower Cheese <b>(V)</b>	Smoky Bean and Corn Topped Wedges <b>(V)</b>
		Garlic and Herb Bread*		Baked Garlic & Herb Potato Wedges	
	Sweetcorn	BBQ Beans	Crunchy Salad	Apple Slaw	Coleslaw
<b>SPEEDY ITALIAN</b>	Arrabiata Pasta <b>(V)</b>	Herby Tomato Pasta <b>(V)</b>	BBQ Chicken Pasta* <b>(H)</b>	Beef Bolognese <b>(V)</b>	Italian Chicken Pasta <b>(H)</b>

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<b>GLOBAL ADVENTURE</b>	<b>CHINESE</b> Chinese Kicking Chicken (H) Green Beans Beggars Noodles (Soft Noodles with Spring Onions & Soy Sauce)	<b>MEDITERRANEAN</b> Chicken Shawarma Flatbread (H) (Marinated Chicken served in a Flatbread with Lettuce & Yoghurt & Mint Dressing) Paprika Potato Wedges Carrot and Orange Salad	<b>BRITISH</b> Lemon Roasted Chicken Thigh (H) Broccoli Roast Potatoes Gravy	<b>INDIAN</b> Chicken Tikka Masala (H) Wholegrain Rice * Cucumber Raita	<b>BRITISH</b> Home-made Battered Fish Fillet Chips Baked Beans OR Peas
<b>HIGH STREET FAVES</b>	<b>DEEP SOUTH DINER</b> Bagel Cheeseburger (H) Served with Baked Garlic & Herb Potato Wedges	<b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with Sticky Tabasco (H)	<b>DEEP SOUTH DINER</b> BBQ Chicken Mac "N" Cheese (H) (Macaroni Cheese topped with BBQ Chicken)	<b>WINGS &amp; THINGS</b> Cajun Pulled Chicken & Bean Pitta (H)	<b>DEEP SOUTH DINER</b> Chicken, Brown Rice and Beans * (H)
	Cajun Halloumi and Pineapple Rice Bowl (V)	Feta and Chickpea Cake with Salsa (V)	Cajun Vegetable Burrito (V)	Cauliflower and Creamed Corn Bake (V)	Mac 'N' Cheese (V)
		Mexican Yellow Rice *		Fajita Potato Wedges	
	Radish, Pea and Leaf Salad	Roasted Vegetables	Crunchy Salad	Southern Greens	Crunchy Raw Slaw
<b>SPEEDY ITALIAN</b>	Neapolitan Beany Pasta (V)	Beef Bolognaise (H)	Cheesy Penne Pasta (V)	Vegetable Pasta Carbonara (V)	Herby Tomato Pasta (V)

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